



Pacific Nurses Section, NZNO quarterly news bulletin Friday 27 November 2020

Section message

Message from Chairperson Eseta Finau

Warm Pacific Greetings to all our Pacific Nurses.

This year has been an unprecedented year for us all and as it draws to an end, I am aware of the added challenges that we have all experienced in our working life and home life throughout this unprecedented year. I want to take this opportunity to thank you all for your continued efforts and commitment to ensuring that care and service for our communities has been continued in spite of all the challenges. I also want to thank you all for your continued support of our section and the work that we continue to do.

This year has also been a learning opportunity for us and we can all take the learning's and plan for a brighter better future for our communities, families and ourselves. The festive season is now well and truly upon us and it provides not only an opportunity for us to commemorate the birth of Christ but to also reflect on the year that has been and to also plan for the coming year. This festive season also provides an opportunity for us to take stock and recharge for the coming year. For some of us this festive season will be very busy in terms of work and family commitments. In these unprecedented times there are also members of our communities that are facing hardship and I urge us all to reflect on how we can bring some joy and good tidings to their lives.

Take care and I wish you all a Merry Christmas and a prosperous 2021

Consultation

NZNO regularly seeks members input on a range of documents up for consultation. The listing is regularly updated and full information [can be found here](#)

Draft Guidelines on the Right to a Decent Home in Aotearoa

NZNO warmly invites your feedback on *Aratohu tika tangata ki te whai whare rawaka i Aotearoa | Guidelines on the right to a decent home in Aotearoa*.

The *Guidelines* address the unique context of Aotearoa and Te Tiriti O Waitangi, aiming to clarify what the right to a decent home means.

Pacific nurses in NZ

NZ's first Tongan nurse practitioner upholds her culture and language to best support her patients

Supporting whaanau for nearly twenties years in various nursing roles at Counties Manukau Health (CM Health), nurse practitioner Fakaola 'I Vaiola Siliva 'Otuafi loves being at the heart of the Pacific community in South Auckland; working towards better health outcomes for her people. [Read more](#)

Tuvalu nurse calls for more engagement with Pasifika in NZ

An Auckland-based Tuvaluan nurse says her language and culture have been advantageous in working with vulnerable communities. [Read more](#)

CM Health nurse leader's outstanding contribution awarded

One of Counties Manukau Health's leaders has been recognised for her outstanding contribution to improving the health and wellbeing of Pacific people. Clinical Nurse Director, Division of Medicine, Safaato'a (To'a) Fereti won the Pasifika Futures Health and Wellbeing Award at the 2020 SunPix Pacific People Awards recently. Accepting the award during an evening ceremony, To'a said she felt humbled and thanked the many other people also working tirelessly for Pacific communities. [Read more](#)

Focus on Pacific as Whitireia creates new nursing programme role

In response to an urgent need within New Zealand's health sector to have a 'by Pacific for Pacific' approach to improve spiralling statistics, Whitireia Community Polytechnic has appointed a new programme manager to lead its Bachelor of Nursing - Pacific - programme. This is the first time a person of Pacific descent has led the programme since its inception in 2004. [Read more](#)

Pasifika Health and wellbeing in NZ

Call for health boost to Pacific community from next government

Pacific health professionals in New Zealand are calling on the next government to better empower them to improve health outcomes for the community. [Read more](#)

How Covid is upending time-honoured traditions for Māori and Pasifika families

Covid-19 has changed how all families grieve, but for Pasifika and Māori whānau, it's disrupted centuries-old traditions, as well as affecting how these families affirm their cultural identity.

When a Samoan dies, the home of the deceased will become the focal point for their community for a two- to three-week period. [Read more](#)

Bowel cancer screening age won't be dropped for Māori and Pacific NZers, despite expert advice

Māori and Pacific NZers won't get bowel cancer screening from 50 because of pressure on colonoscopy services - despite the ministry's own expert advisory groups wanting the change. [Read more](#)

Maori, Pacific heart health targeted by new Centre

Māori, Pacific heart health targeted by new University of Auckland-hosted Centre of Research Excellence

The \$40.5 million Centre of Research Excellence for heart health equity aims to close a seven-year gap in life expectancy for Māori and Pacific people versus the rest of the population. [Read more](#)

Get gout gone and get back into life - Arthritis NZ

Gout is stopping some Maori and Pasifika from having full lives warns former international netballer and coach Linda Vagana. [Read more](#)

Time to take health inequities seriously

The lack of action on preventing and treating Type 2 diabetes and other conditions that badly affect Māori and Pasifika must be addressed - for the sake of all, writes Dr Collin Tukuitonga.

[Read more](#)

Language Fluency Protects Pacific Mothers From Postpartum Mental Disorders

A Study Of Pacific Mothers In New Zealand Shows That Being Fluent In Both English And Pacific Languages May Decrease The Likelihood Of Mental Disorders Within A Two-year Postpartum Period. English-and-Pacific speaking mothers had the lowest rate of mental ...

[Read more](#)

Pacific organisation advocates for specific ministry for disabled

A Pacific disability civic organisation is advocating for the New Zealand government to include a Ministry for Disabled Peoples. [Read more](#)

Exploring Pasifika wellbeing: findings from a large cluster randomised controlled trial of a mobile health intervention programme

NZ Medical Journal Vol 133 No 1524: 30 October 2020

Ridvan Firestone, Soo Cheng, Sally Dalhousie, Emily Hughes, Tevita Funaki, Akarere Henry, Mereaumate Vano, Jacqui Grey, Jodie Schumacher, Andrew Jull, Robyn Whittaker, Lisa Te Morenga, Cliona Ni Mhurchu

In New Zealand, obesity, prediabetes and T2DM are serious non-communicable (NCD) diseases that have an impact on overall health and wellbeing. [Read more](#)

The article below is not freely available but may be sourced via the NZNO library or a DHB or educational institution

Inequity in one-year mortality after first myocardial infarction in Māori and Pacific patients: how much is associated with differences in modifiable clinical risk factors? (ANZACS-QI 49)

Janine Mazengarb, Corina Grey, Mildred Lee, Katrina Poppe, Suneela Mehta, Matire Harwood, Wil Harrison, Nicki Earle, Rod Jackson, Andrew Kerr

NZMJ Vol 133 No 1520: 4 September 2020

In New Zealand, age standardised hospitalisation rates for ischaemic heart disease (IHD) and its most important clinical manifestation, myocardial infarction (MI), have steadily decreased over the last 10 years.

Inequalities between Māori and non-Māori men with prostate cancer in Aotearoa New Zealand

Richard Egan, Jacquie Kidd, Ross Lawrenson, Shemana Cassim, Stella Black, Rawiri Blundell, Jerram Bateman, John Broughton

NZMJ Vol 133 No 1520: 4 September 2020

Prostate cancer is a major health concern globally. In 2015, prostate cancer was the most common incident of cancer in men, with an estimated 1.6 million cases worldwide, and fifth most common cause of cancer deaths for men, with an estimated 366,000 deaths worldwide.

Health in the Pacific – general

The impact of Covid on NZ medical staff Pacific rotations

We take about 70-80 medical volunteers from across the board, so surgeons to anaesthetists to theatre nurses and then we must find inventory, ... [Read more](#)

Samoan medical expert calls for ban on advertising of high sugar products

The Vice-Chancellor of the Oceania University of Medicine in Apia has called for a ban on the advertising of sugary food and drinks in Samoa. [Read more](#)

\$14 million grant awarded to mitigate the impact of cancer on Pacific Islanders

The University of Guam and the University of Hawai'i Cancer Center were each awarded five-year grants totaling more than \$14 million to mitigate the impact of cancer on Pacific Islanders through cancer research, career training, and community outreach. The collaboration between the two universities, known as the Pacific Island Partnership for Cancer Health Equity (PIPCHÉ), will be funded by the National Cancer Institute through Aug. 31, 2025. [Read more](#)

Covid-19

New Samoan and Tongan language Covid-19 resource

Te Pou has produced an infographic summarising the evidence on [why Covid-19 is having an impact on Pasifika peoples](#). The infographic is available in [Samoan here](#), [Tongan here](#), and in [English here](#).

Journals and reports

Te Piringa insights into ensuring effective whānau-centred, primary health care services and support

This integrative literature review sought to understand the evidence for whānau-centred primary health provision towards improved Māori and Pacific health outcomes. [Read more](#)

Māori whānau and Pasifika families experience of sleep health messages

The purpose of this research was to understand the level of awareness of commonly promoted healthy sleep messages, experiences with these messages, enablers and barriers to implementing the messages, whether additional support or information may be needed and how this could best be shared with Māori whānau and Pasifika family. [Read more](#)

Professional development

2021 Public Health Summer School courses – University of Otago

Offering 24 short courses to build your knowledge and skills.

1-19 February 2021

Wellington, New Zealand

There are 24 courses on offer including 12 new topics on a range of important areas from COVID-19 to zero carbon building to countering disinformation and more. Plus many of our ever-popular courses are back including Hauora Māori, Pacific health, epidemiology and health research methods.

To see a summary of all courses available, please view the:

[Summer School flyer](#) (PDF format)

To register or to view more information on each course, please visit:

[Public Health Summer School](#)

So don't hesitate, have a look at the great range of courses and take advantage of the 25% earlybird discount. Many courses have limited numbers so don't miss out...register now. Also on offer are a limited number of Māori/Pacific Scholarships. See our website for more information. [Read more](#)

The above bulletin has been compiled by Linda Stopforth, SNIPS, on behalf of Pacific Nurses Section, NZNO.

It is provided quarterly on the last Friday of February, May, August, November and contains an overview of news items, articles and research papers of interest to the Section members. All links are current at the time of being compiled and distributed.

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Linda Stopforth, BA, Dip Bus; NZLSC, RLIANZA

PO Box 315 WELLINGTON 6140

PH: 04-383-6931 or 021-107-2455

email: stop4th@xtra.co.nz



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